



## **Welcome to Complete Women's Care Center's Obstetric Practice!**

We are honored that you have chosen us to care for you and your baby. There are a few important things that we would like you to know to prepare you for your first obstetric visit.

Please download the "Frequently Asked Questions" document from our website on the "Forms" page. We recommend that you read this before your visit and keep it handy throughout your pregnancy as a reference guide. Please note the list of accepted medications at the end of the "Frequently Asked Questions" document. It is not necessary to notify us if you choose to take one of these medications prior to your first visit. We also ask you to print and read the documents called "Genetic Screening Information" and "First Trimester Screening Consent" prior to your first visit. These documents describe tests that will be recommended at your first visit and we encourage you to be familiar with them. If you are new to our practice, please also print and fill out the "New Patient History" form and other new patient forms and bring them to your appointment. If you do not have access to a printer please arrive 30 minutes early so you can complete these forms before your appointment.

If you are not taking prenatal vitamins, it is important to start them now. An Omega-3 supplement is also important. We recommend AGIL Wellness brand vitamins, the highest quality prenatal vitamins on the market, only available at [www.agilwellness.com](http://www.agilwellness.com). AGIL Wellness also supports women's health projects in rural Africa.

Complete Women's Care Center is a group, and although you will be assigned to one primary physician, it is likely that you will see the other doctors at times. We also employ highly experienced Nurse Practitioners and Physician Assistants who will see you at your first visit and some subsequent visits. You may be delivered by any of the wonderful female doctors in the group, as each doctor covers deliveries and surgeries in the hospital one day per week, and weekend/after hours hospital coverage is shared among our physicians. It will be helpful for you to become familiar with all the doctors in the group by looking at our website.

We strive to be on time, but since the doctors may be called away unexpectedly or be required to deal with an emergent situation there are times when you may be asked to wait. We will do our best to notify you of the delay but we rarely have notice when these things happen, so we ask for your patience and understanding if this should occasionally occur. Please bring a book or hobby to your appointments in case there is an unexpected delay.

We deliver only at The Woman's Hospital of Texas, just south of the Texas Medical Center. For patients who desire an alternate birthing experience we would be happy to refer you to an excellent birthing center or midwife group.

For your convenience, our Obstetric Coordinators are available to answer your questions regarding future appointments, insurance coverage, payment schedules or other administrative questions. You will be scheduled for a private consultation with your Obstetric Coordinator after your initial visit.

Thank you for choosing Complete Women's Care center and we look forward to helping you through a happy healthy pregnancy!

Best Wishes,

Complete Women's Care Center Physicians and Staff